



(Your Group Name Here)

## SUGGESTED AL-ANON MEETING FORMAT

**CHAIRMAN:** *Introduce yourself and welcome everyone!*

Open the meeting with a moment of silence followed by the Serenity Prayer. Begin the prayer by saying: "The Serenity Prayer"

Read the Welcome.

Pass the Twelve Steps to have each member to introduce them self and read one.

Ask for newcomers and visitors. Have them introduce themselves by first name only. (Read the newcomers welcome to them. (If Applicable)

Ask a newcomer to read the Dos and Don'ts. (If Applicable, if not ask for two volunteers)

Read the Tradition of the month then pass the Promises for each member to read one.

Pass around Chairman and Leader sign-up sheet and Chair and/or Leader Substitute list along with the Intergroup Announcements and Birthday Night sign-up sheet.

Read Home Group Conscious Al-Anon related announcements.

Introduce Leader then turn the meeting over to the Leader.

**LEADER:**

Briefly discuss your subject based on Al-Anon principles.

A few minutes before closing, turn the meeting back to the Chairman.

**CHAIRMAN:**

Ask the group 5 to 3 minutes to 8:00pm for Burning Desires.

Pass the basket.

Ask if there is anyone wanting a desire chip? **It is an outward expression of an inward desire the commit to the Al Anon program and principles.** Hug any takers!

Read the Closing.

**\*\*** Add the money collected from the group then the same with literature.

Record it in the back of this book then add it to the totals. Write your name and give the money to the Treasurer. (If the treasurer is not there place it in an envelope with the totals, date, and your name recorded on the front cover, then leave it in the basket)